



# Vallivue Baseball



## Fall/Winter Hitting Camp

### Camp Details

Where: Vallivue High School Hitting Facility

Dates: November 14, 15, 18, 19, 22, 25

Times: 6:00-7:30 P.M.

Ages: 8-13 Boys and Girls (Do not have to be a Vallivue School District Student to Attend)

Cost of Attendance: \$115.00 (Registration by mail) email  
[justin.schneidt@vallivue.org](mailto:justin.schneidt@vallivue.org)  
Checks payable to Vallivue Baseball  
Venmo Vallivue Baseball Inc. @Vallivue-BaseballInc

Mail to: Vallivue High School Baseball  
Attn: Justin Schneidt  
1407 Homedale Road  
Caldwell, ID 83607

What to Wear: Shorts or Sweats, T-Shirt, Tennis Shoes (NO Cleats), Hat

What to Bring: Baseball Bat (if you own one), Helmet (if you own one), batting gloves.

### **Hitting Camp Focus**

This is a 6-day hitting camp where all campers will receive high-level instruction on their personal swing. We will focus on proper hitting mechanics, fundamentals of hitting, approach at the plate, mental side to hitting, and will instill a hitting philosophy for campers. Along with this, all campers will receive a camp t-shirt. All measurements will be done with Blast Motion (why we need bat sizes and weights), Rhapsodo, and Major League style radar guns. Each camper will get video analysis through Rhapsodo. These will also be emailed to parents/guardians.

### **Hitting Camp Features**

**Over 9 hours of instruction, video breakdown, swing analysis, and camp shirt for under \$13/session.** All athletes will gain knowledge and experience through one on one interaction with Vallivue Varsity/JV coaches and current Vallivue High School baseball players, video analysis, exit velocity, drill work, and a personal hitting assessment of each athlete's swing. Each hitter will leave the camp feeling confident on their individual approach and will have drills to keep working on their swing. Vallivue Baseball has been in the top of the 5A/4A SIC in offensive production the past 6 years.



2019 Vallivue Baseball Fall/Winter Hitting Camp

Registration Form

Players Name: \_\_\_\_\_

Shirt Size: YS\_\_\_\_ YM\_\_\_\_ YL\_\_\_\_ YXL\_\_\_\_ AS\_\_\_\_ AM\_\_\_\_ AL\_\_\_\_ AXL\_\_\_\_

Bat Size (length and weight): \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Does Your Child Have Insurance: Yes \_\_\_\_\_ No \_\_\_\_\_

Amount Paid: Cash: \_\_\_\_\_ Check Enclosed: \_\_\_\_\_ Venmo: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Relationship: Mother \_\_\_\_\_ Father \_\_\_\_\_ Relative \_\_\_\_\_ Friend \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

**Parent or Guardian Email Address**

I hereby authorize the staff of the Vallivue Baseball Fall/Winter Hitting Camp to act accordingly to their best judgement in any emergency situation requiring medical attention and hereby waive and release, and hold harmless the Vallivue School District, Vallivue High School, Vallivue High School Baseball Program and the Staff members of the Vallivue Baseball Fall/Winter Hitting Camp from any and all liability for injury and illnesses incurred while at the hitting camp. I have no knowledge of any physical or mental impairment that would be affected of said named camper's participation in the Vallivue Baseball Fall/Winter Hitting Camp.

I have carefully read and reviewed this hold harmless agreement. I understand it full and I execute it voluntarily.

Executed the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

\_\_\_\_\_  
Parent or Guardian Signature